# NO SPEND CHALLENGE

| | | | | |
|---|---|---|---|---|
| 1 | 1 | 20 | | |
| 2 | 10 | 19 | 28 | |
| 3 | 12 | 21 | | |
| 4 | 13 | 22 | 29 | |
| 5 | 14 | 23 | | |
| 6 | 15 | 24 | 30 | |
| 7 | 16 | 25 | | |
| 8 | 17 | 26 | 31 | |
| 9 | 18 | 27 | | |

Month

Start Date

End Date

Motivations

Exceptions

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